1. Mix 1 ml with 1.2 g at 22°C.
2. Stir the mixture for 30 sec.
3. Let it sit for max 30 min at 22°C.
4. Let it sit for 15 min at 22°C.
5. Heat the mixture.
6. Let it sit for max 30 min at 22°C.
7. Place the mixture in the press.
8. Heat the mixture for 90 min.
9. Let it sit for 30 min at 100°C.